



SOUTHWESTERN AND CENTRAL MICHIGAN SWIM CONFERENCE CHAMPIONSHIPS

Friday and Saturday February 24 and 25, 2017

Host Harper Creek High School

Location 12677 Beadle Lake Road. Off 94 take exit 100, Beadle Lake Road. 1.7 miles the High School is on the right with the Blue Roof. The Harper Creek McDill Aquatic Center is a newer facility that opened in January 2005.

Teams Allegan, Alma, Harper Creek, Marshall, Otsego, Plainwell, South Haven, and Sturgis.

Times Friday February 24, 2017: Swimming and Diving Warm Ups: 11:30 am
Spectator Seating Open: 11:30 am
Coach's Meeting: 12:00 pm
Meet: 1:00 pm
Diving Warm Up: Immediately following swimming events for 1.5 hours
Diving Prelim's: 1.5 hours after conclusion of swimming prelims.

Saturday February 25, 2017: Swimming and Diving Warm Ups: 11:30 am
Spectator Seating opens: 11:30 am
Coach's Meeting: 12:00 pm
Meet: 1:00 pm

Facilities The Harper Creek McDill Aquatic Center features an 8-lane pool with separate diving well (which is available for warm up/down during the meet), 8-foot wide lanes, 7-foot deep, large gutters, side step up Paragon starting blocks and a Daktronics timing system with a multi-color matrix scoreboard. There are two bathrooms in the pool office that are available for volunteers and coaches as both locker rooms will be used by the boy's teams. We will also have a hospitality room located in the storage room behind lanes 4/5.

Locker Assignments: Boys Locker is Allegan, Alma, Harper Creek and South Haven. Girls/Visitor's Locker Room is Marshall, Otsego, Plainwell, and Sturgis

Parking, on Friday, for teams and spectators shall be in the ***Student parking lot only as school is in session and the busses use the overflow parking lot adjacent to the pool.*** No Cars shall park in the parking lot next to the pool (to the west of the building) on Friday. On Saturday, parking is unlimited.

Meet Manager Corrin Buck
buckc@harpercreek.net
W) 269-441-8467
C) 269-967-3295

Meet Helpers	Each school will get <i>at least 2 students or parents who can help with the meet for both days</i> . Jobs needed are mostly timers and runners. Experience is good, but not necessary. Having the same workers for both days is best so that Saturday will run even smoother than Friday because the workers will be comfortable with the jobs. Head Coaches are to email the names of the workers by Wednesday February 22 nd so they can be on the deck pass list.
Meet Format	<p>This will be a prelims/ finals meet. The order of events for preliminaries and finals, except for diving, will be in accordance with the National Federation of Swimming and Diving Rule Book. Swimming Preliminaries will be held on Friday with Finals to be held on Saturday.</p> <p>During Preliminaries on Friday, we will take a 10 minute break following the Medley Relay; a 15 minute break following the 50 Free; and a 10 minute break following the 500 Freestyle. Diving preliminaries and semi-finals will be held on Friday evening.</p> <p>During Finals on Saturday there will be a 10 minute break following the 200 Medley Relay event, 10 minute diving warm up prior to diving, and a 5 minute break following the awards for the 100 Freestyle.</p> <p>For the Saturday Finals Session, consolation heat competitors (9-16) are to report directly behind the blocks for their heat. Finals heat competitors are to report to the staging area near the pool office. The top seed shall be allowed to choose an appropriate song to which the top heat will parade out to the blocks immediately prior to their heat and will also parade out for the awards ceremony.</p>
Seeding	<p>Seeding for preliminaries will be done by using championship circle seeding for the top 3 heats and slowest to fastest for the remaining heats.</p> <p>The Top 16 for finals will be seeded by time with the 8 fastest eligible to compete in the Finals Heat the 9th through 16th fastest eligible to compete in the Consolation Heat. 17th and 18th places will be considered alternates to compete in the case that a top 16 finisher is unable to compete on Saturday.</p> <p>Diving will be seeded by random draw for preliminaries. The dive order will not change for the remainder of the competition. Following completion of the first 5 rounds, the field will be cut to the top 20 divers. After completing round 8, the field will be cut to the top 16 divers to compete at Finals on Saturday.</p>
Marshalling	This event will be self-marshalled.
Entry Rules	No contestant shall be entered in more than four (4) events, including relays and diving. Competition in diving is considered one of the two (2) individual events and must be indicated on the entry form. If the contestant is entered in four (4) events, two individuals and two relays or three relays and one individual are permitted.

A team has UNLIMITED individual entries. If more than 4 individuals are entered in any event you *do not need to* designate which swimmers/divers are exhibition. Any swimmer or diver (up to 4 individuals per team) will be permitted to advance to consolations or finals, regardless of initial seed time. Your A and B relays will swim/compete as varsity. All other relays must be declared exhibition on your electronic entry.

All swimmers must be entered with times. Divers must be entered in the diving event on the Hy-Tek entry file.

Relays

Please indicate in the Hy-Tek entry program which relays you are swimming (A, B, C). Relays must be entered with seed times.

You need not include names for relays with your Hy-Tek entry file. In accordance with National Federation Rule 3-2-3, four (4) swimmers plus a maximum of four (4) alternates shall be listed on the relay card, with their order designated. This card will be the official relay entry. Any of the individuals listed on the relay card for a particular relay (A, B or C) may swim in the prelims, swim-offs and/or finals in that relay provided he/she does not exceed the permitted entries for the meet. Those swimmers, not competing for that relay, but listed on the entry card, can be eligible for competition at a later time. Once a swimmer or alternate is listed for a particular relay (Medley A, B or C), he/she may only compete on the A, B or C relay under which he/she is listed.

You **must declare your relays one event prior to the relay**. You can turn in your cards at any time but must turn them in one event prior. The medley relay cards are due 15 minutes before the meet begins, 200 Free Relay is due by the first heat of the 500 and the 400 Free Relay is due by the first heat of the Backstroke. After you declare your relays one event prior, no changes can be made. Coaches will be given their cards back at the coaches meeting to make any changes for Finals and due times for the cards are same at prelims.

Entry Procedures

As per SCC agreement, all entries must be submitted via a Hy-Tek entry file.

Entries are due on Monday February 20th, 2017 by 6:00 pm to Corrin Buck; buckc@harpercreek.net ; Office phone 269-441-8467, Cell 269-967-3295

- 1) Please send your roster, including coaches, captains, managers and seniors ASAP to Corrin at buckc@harpercreek.net and at the latest by **Monday February 20th, 2017**
- 2) You must submit a Hy-Tek entry file (divers included) by the date listed above. Once your entries have been received, you will receive a confirmation entry list via email. Please check the list to ensure accuracy.
- 3) You will have until Tuesday 3:00 pm to submit any request for changes. If you make changes, you will receive a second confirmation entry list.
- 4) Following the Tuesday 3:00 pm deadline, a psych sheet will be released.
- 5) After the psych sheet has been released, no changes are permitted.
- 6) Coaches please submit known scratches (injury, illness etc.) by Thursday night at 6:00 pm so an accurate heat sheet can be printed.

Diving Entries

Diving coaches will be using the “clean entries” diving program (www.cleanentries.com) this year to enter their divers and dive lists. Under the meets tab look for SCC High School Boys League Meet. This is the same site as they will use for the Regionals and the State Meets so the diving coaches are familiar with the process. The registration for entering divers into this meet will open on February 13th at 6am and will close on February 22nd at 6pm. **Divers must also be marked on the Hy-Tek entries that are submitted by Monday February 20th @ 6:00pm. A Paper copy of the athletes Diving Sheets must be signed by the coach and athlete 30 minutes prior to prelims.** Changes to dive sheets will be permitted up to one hour prior to the beginning of the diving prelims.

Motion Lotion

Oil or “motion lotion” will be allowed in minimal amounts. You must have a towel on the deck when applying lotion to swimmers to avoid making the surface slippery.

Scoring

The meet will be scored using 8-lane championship scoring.

Individual Events: 20-17-16-15-14-13-12-11 9-7-6-5-4-3-2-1

Relay Events: 40-34-32-30-28-26-24-22 18-14-12-10-8-6-4-2

Awards

Overall Top Team and Runner-up: Trophies

Overall Team Places: 2/3 Conference Meet Finish + 1/3 Dual Meet Standings

1st-8th place individual events: Medals

9th-16th place individual events: Certificates

1st-8th place relay events: Medals

9th-16th place relay events: Certificates

Awards Ceremony/ Handing Out Awards at Saturday Finals: Coach of the team that won the event

Saturday Awards Ceremony

Please have your 1st-8th place athletes report to the area next to the pool office immediately after the consolation heat of the next event. We will line them up and parade them out following recognition of the 9-16th place finishers.

Please have your 9-16th place finishers proceed directly to the awards podium. Their names will be announced immediately after the finals heat of the next event.

Concessions and Spectator Seating

Concessions will be available for spectators during the competition and will be located on the lobby of the spectator seating area. Food will also be provided for coaches, officials and meet staff in the storage room behind the blocks.

Spectators are asked to be considerate of other spectators and are asked to sit so that someone else might sit on the edge directly behind them. Please take advantage of the coat racks against the back wall so more spectators can sit. Seat saving will not be allowed. **No seating will be allowed in the stairwells.** Spectators who refuse to move from the stairwells will be asked to leave and/or escorted out without a refund. Spectator seating will open at 11:30 am on both days.

Warm Up Procedures

- Lane 1: Alma
- Lane 2: Otsego
- Lane 3: South Haven
- Lane 4: Allegan
- Lane 5: Marshall
- Lane 6: Sturgis
- Lane 7: Plainwell
- Lane 8: Harper Creek

Teams using their own lanes for warm up during general warm ups may conduct one-way sprints with starts or relay start practice at their discretion.

Swimming and Diving warm up begins at 11:30 am on both days. Warm up will end at 12:50. Immediately following the swimming preliminaries on Friday, Diving warm up begins (1.5 hours).

The diving well will be available for swimming warm up and warm down throughout the competition. During the meet and using the diving well for warm up and warm down, please look up often and feet first entries are required. Quiet for the starts.

Meet Apparel

Sent in a separate email is the order form for team shirts. Please print off the flyer for the athletes to take home. Athletes will then give a staff member their order (Shirt Style, Color and Size) by putting it on the team order form. Team orders are due February 20th by 6pm.



Admissions and Meet Programs

Admissions will be \$5.00 per adult. School-age children, no charge. Programs will be sold for \$1.00 at the admissions table, which will be located upstairs on the second floor.

Deck Personnel

Only coaches, athletes and meet staff will be allowed on deck. (Only 1 person from a team/newspaper can be on deck as a photographer) All others will be asked to leave the deck area.

Special Needs or Disability

Spectators with special needs will have access to an elevator and a reserved seating area. Any swimmers or spectators that have special needs or requests, please contact Corrin Buck at buckc@harpercreek.net

First Aid

First aid is located in the Pool office. Ice bags for athletes will be available in water coolers on deck throughout the meet. The athletic trainer will also be on hand.

Lost and Found

Items that are left will be kept in the Pool Office lost and found. If you have lost

something, please contact the Meet Director: Corrin Buck

Facility Requirements

- (A) No smoking is allowed in the building or on the grounds of Harper Creek High School or the McDill Aquatic Center.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to spectator seating or concessions.
- (D) An Emergency Action Plan has been put in place for the facility and is available for review upon request.
- (E) The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, nor behind the starting platforms.
- (F) Changing into or out of swimming suits other than in locker rooms or other designated areas is not appropriate and is **prohibited**.

Friday Timeline-Prelims

200 Medley Relay Heats

10 minute break

200 Freestyle Heats

200 IM Heats

50 Free Heats

15 minute break

100 Butterfly Heats

100 Freestyle Heats

500 Freestyle Heats

10 minute break

200 Freestyle Relay Heats

100 Backstroke Heats

100 Breaststroke Heats

400 Freestyle Relay Heats

Diving Warm up 90 minutes following the last swim race

Diving Prelims and Semi-finals will begin 90 following the last swim race.

Saturday Timeline

200 Medley Relay Consolation Heat

200 Medley Relay Finals

10 minute break

200 Freestyle Consolation Heat

200 Freestyle Finals

Awards- 200 Medley Relay

200 IM Consolation Heat

200 IM Finals

Awards- 200 Freestyle

50 Freestyle Consolation Heat

50 Freestyle Finals

Awards- 200 IM

10 minute Diving warm up

Diving- Finals

15 minute Swimming warm up

Awards- 50 Freestyle

100 Butterfly Consolation Heat

100 Butterfly Finals

Awards- Diving

100 Freestyle Consolation Heat

100 Freestyle Finals

Awards- 100 Butterfly

500 Freestyle Consolation Heat

500 Freestyle Finals

Awards- 100 Freestyle

10 minute break

200 Freestyle Relay Consolation Heat

200 Freestyle Relay Finals

Awards- 500 Freestyle

100 Backstroke Consolation Heat

100 Backstroke Finals

Awards- 200 Freestyle Relay

100 Breaststroke Consolation Heat

100 Breaststroke Finals

Awards- 100 Backstroke

400 Freestyle Relay Consolation Heat

400 Freestyle Relay Finals

Awards- 100 Breaststroke

Awards- 400 Freestyle Relay

Announce Team Conference Runner-up and Champion